

**PLEASE SUBMIT THIS EXPRESSION OF INTEREST TO YOUR LISTED PROVINCIAL CONTACT**

**Return emails with subject: “Performance Coach Award” before FRIDAY 29th May 2020**

***(Please DO NOT submit any payment until your place and the course details are confirmed by official invitation)***

**IRFU Performance Coach Course 2020**

From 2019 onwards the IRFU Stage 4 Head and Assistant Coaching Course has been replaced by the IRFU Performance Coaching Award.

**A confirmed date will be communicated upon acceptance to the course and will be subject to government guidelines at the time - it is initially anticipated this may be through July/August 2020.**

Depending on the course format, you may have the option of undertaking some elective modules. Please indicate from the options below (1-3) which module you would prefer to attend. These modules will run concurrently meaning only one can be selected per choice.

|  |  |  |
| --- | --- | --- |
| **Place an X beside the topic you wish to attend for each practical choice below** | | |
| **Practical choice 1** | **Practical choice 2** | **Practical choice 3** |
| Scrum | Lineout | Kick Restarts. |
| **OR** | **OR** | **OR** |
| Backline Attack/Defence | Counter Attack | Kicking |

|  |  |  |
| --- | --- | --- |
| Name: | Coaching Experience | Role?  (Head / Assistant) |
| Date of Birth: | Team 2019-2020: |  |
| Home Address: | Team 2018-2019: |  |
| Email address: | Team 2017-2018: |  |
| Mobile Phone: | Team 2016-2017: |  |

**Your Details - please print clearly**

Return email address:

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