



**IRFU Return To Rugby Guidelines For Clubs:**

**Guidelines For Parents & Guardians**

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#### A. COVID-19 Safety Officer

- All Parents/Guardians to ensure that Children/Youths attending Rugby Clubs or events are fully aware of the Guidelines enforced in the current phase by the COVID-19 Safety Officer.
- Parents/Guardians must ensure that the COVID-19 Safety Officer and Event team are made fully aware in advance of any medical conditions a player may have.

#### B. Travel to / from Venue

- Only one parent/guardian should travel with younger players where possible – no parents and guardians not directly involved in the training session are permitted to attend or observe training.
- The driver must either stay in the vehicle or leave the grounds and return at the appointed collection time.
- Players to arrive no more than 5 minutes prior to session commencing.
- Players must not physically greet each other at any stage.
- Players should arrive togged ready to play as there will be no access to changing rooms.
- Parents/Guardians of players with specific medical conditions can remain in Car Park in case of emergency, providing they adhere to all Guidelines in place in that phase.

### **C. Check in (registration) Process / Pre-training or event**

- All registration for events should take place online where possible.
- Parents/Guardians should complete the IRFU Pre-Return to Rugby Personal Assessment Declaration prior to attending.
- Parents should not approach check in areas where possible and must adhere to social distancing Guidelines at all times.

### **D. Clubhouse and Facilities**

- Parents/Guardians must ensure their children are fully kitted out when they arrive for the session as there will be no access to dressing rooms on site.
- All children should have their own equipment and must NEVER share that with anyone else. These items include water bottles, balls, clothing, sun cream etc.

### **E. Pitch (grounds)**

- Training areas will be divided into zones with players/coaches allocated to training within each zone. Zones will be identified by colour, number, section, etc.
- Every player should know their training zone before arriving at the pitch.
- Pods/Groups will stay the same throughout these Phases/Steps, from exercise to exercise and training to training. (Subject to change on Government advice).
- All players to remain in socially distanced groups during breaks and not to mingle.
- Bathroom breaks, will be staggered with no grouping and this should be organised prior to commencement of event.
- Access to dressing rooms and function halls is prohibited during these Phases/Steps so Parents/Guardians should be mindful of this when packing the players bag.

## **F. Post training**

- Players must leave immediately, and dressing rooms will not be accessible for anyone.
- Players must shower at home and no access will be given to shower facilities in clubs at this time.
- Parents/Guardians should ensure that all kit and equipment is thoroughly cleaned.

## **G. Social Distancing Behaviours**

- Players must refrain from handshakes and high fives.
- Practice good cough/sneeze etiquette and dispose of any used tissue in a responsible manner.
- Avoid touching your face.
- Remain apart from other players when taking a break.
- If a ball from another zone comes across, send it back with a kick on the ground. Refrain from picking up the ball.
- Social distancing is advised when travelling in vehicles to/from training.
- No spitting or clearing of nostrils on pitch or grounds.